



**Rayat Shikshan Sanstha's  
Sadguru Gadge Maharaj College, Karad,  
(An Autonomous)**

**New Syllabus For  
Bachelor of Arts [B. A. in Psychology]  
UNDER  
Faculty of Humanities  
B. A. Part - I (Semester - I and II)**

**STRUCTURE AND SYLLABUS IN ACCORDANCE WITH  
*NATIONAL EDUCATION POLICY – 2020***

**HAVING CHOICE BASED CREDIT SYSTEM  
WITH MULTIPLE ENTRY AND MULTIPLE EXIT OPTIONS  
(TO BE IMPLEMENTED FROM ACADEMIC YEAR 2024-25  
ONWARDS)**

**1. TITLE: Subject – Psychology**

Under the Faculty of Humanities

**2. YEAR OF IMPLEMENTATION:** - NEP 2020/Revised Syllabus (CBCS) will be implemented from JULY-2023 onwards.

**3. PREAMBLE:-**

The Board of Studies should briefly mention foundation, core and applied components of the course/paper. The student should get into the prime objectives and expected level of study with required outcome in terms of basic and advance knowledge at examination level.

**4. GENERAL OBJECTIVES OF THE COURSE/ PAPER/:**

(As applicable to the Degree /Subject- Paper concerned)

1. To acquaint students with basic concepts of Psychology.
2. To make students aware with neuroscience and behavior.
3. To make students aware with motivation, various approaches of motivation and human needs.
4. To understand emotions, range and the roots of emotions.

**5. DURATION**

- The course shall be a full time course.
- The duration of course shall be of Three years.

**6. PATTERN:-**

Pattern of Examination will be Semester.

**7. FEE STRUCTURE:** - (as applicable to regular/self-supporting course) as per /Autonomous College/Government / University rules/norms.

**8. ELIGIBILITY FOR ADMISSION:-**

As per eligibility criteria prescribed for each course and the merit list in the qualifying examination.

**9. MEDIUM OF INSTRUCTION:**

The medium of instruction shall be in English or Marathi. (As applicable to the Course/Programme concerned.)

**10. INTERNAL ASSESSMENT**

Per paper there will be internal assessment for 20 marks. Each student has to submit Home Assignment

**11. STRUCTURE OF COURSE:**

(Note –The structure & title of papers of the degree as a whole should be submitted at the time of submission/revision of first year syllabus.)

**FIRST YEAR SEMESTER I& II (NO.OF PAPERS 02)**

Sr. No.	Course	Theory Marks	Practical Marks	Internal Marks	Total Marks
01	Introduction of Psychology	80	--	20	100
02	Principles of Psychology	80	--	20	100

**12. SCHEME OF TEACHING AND EXAMINATION:-**

[The scheme of teaching and examination should be given as applicable to the course/paper concerned.]

**FIRST YEAR / SEMESTER – I & II Scheme of Teaching and Examination**

Sr. No.	Course	Teaching Scheme(Hrs./Week)				Examination Scheme (Marks)			
		L	T	P	Total	Theory	Practical	Term Work	Total
1	Introduction of Psychology	4			4	80		20	100
2	Principles of Psychology	4			4	80		20	100
Total		08			08	80	00	20	100

**SCHEME OF EXAMINATION:-**

- The examination shall be conducted at the end of each term.
- The Theory paper shall carry 80 marks.
- The evaluation of the performance of the students in theory papers shall be on the basis of Semester Examination of 80 marks.
- Question Paper of Theory will be set in the view of the /in accordance with the entire Syllabus and preferably covering each unit of syllabi.

**STANDARD OF PASSING:-**

As Prescribed under rules & regulation for each degree/ Programme.

**NATURE OF QUESTION PAPER AND SCHEME OF MARKING**

(Theory):- Total Marks: 80

Que.1. Objective Questions

a).Multiple Choice Questions

10 marks

b).Answer in one sentence

10 marks

Que.2. Short Notes (Any Four out of five)

20 marks

Que.3. Answers the following questions in short (any four out of five)

20 marks

Que.4. Answer the following questions in broad (Any two out of four)

20 marks

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**BA I**

**Syllabus of Psychology as per NEP**  
(Revised Syllabus to be implemented from July, 2024 onwards)

**Class: - B.A.I Sem. I**

**Paper No-01**

**Subject Code – PSY24-01**

**Title:-Foundation of Psychology**

**Objectives:**

1. To acquaint students with basic concepts of Psychology.
2. To make students aware with neuroscience and behavior.
3. To make students aware with motivation, various approaches of motivation and human needs.
4. To understand emotions, range and the roots of emotions.

**Module I: Introduction of Psychology**

- 1.1 Definition of Psychology
- 1.2 Psychologists at Work
  - a) Subfields of Psychology
  - b) Careers for Psychology Majors
- 1.3. Today's Perspectives
  - a) The Neuroscience Perspective
  - b) Psychodynamic Perspective
  - c) Cognitive Perspective
  - d) Humanistic Perspective
- 1.4 Conducting Psychological Research
  - a) Survey Research
  - b) The Case Study
  - c) Experimental Research:
    - i) Experimental group and Controlled group
    - ii) Independent and Dependent Variables
    - iii) Random assignments of Participants

**Module II: Attention, Perception and Sleep**

**2.1 Attention**

- a. Definition & Nature

- b. Types of Attention
- c. Determinants of Attention

## **2.2 The Gestalt Laws of Organization.**

- a) Top-Down and Bottom -Up Processing.
- b) Depth Perception.
- c) Perceptual Constancy.
- d) Perceptual Illusions.

## **2.3. Culture and Perception**

## **2.4 Sleep**

- a) The Stages of Sleep
- b) REM Sleep
- c) Why Do We Sleep, and How Much Sleep is Necessary?

## **Module: 3: Learning**

### **3.1. Definition of Learning**

### **3.2 Classical Conditioning**

- a) The Basics of Classical Conditioning
- b) Applying Conditioning Principles to Human Behavior
- c) Extinction
- d) Generalization and Discrimination

### **3.3 The basics of Operant Conditioning**

- a) Reinforcement
- b) Positive Reinforces, Negative Reinforces and Punishment
- c) Schedule of Reinforcement
- d) Discrimination and Generalization in Operant Condition

### **3.4. Thorndike's Laws**

## **Module: 4: Memory**

### **4.1 The Foundations of Memory**

- a) Sensory Memory

b) Short Term Memory

c) Working Memory

## **4.2 Long –term Memory**

a) Long Term Memory Modules/Units

b) Semantic Networks

c) The Neuroscience of Memory

## **4.3 Forgetting : When Memory fails**

a. Why we forget?

b. Proactive and Retroactive interference

c. Memory Dysfunctions

## **4.4 Improving your Memory**

### **• Text Books for Reading**

1. Feldman, R.S. (2019). Understanding Psychology. McGraw Hill Education (India) Private Limited, Chennai; 12th Edition (Fourth reprint 2019); ISBN-13:978-93-794-5, ISBN-10:93-5260-794-5
2. Kothurkar, and Vanarase (1986). Experimental Psychology: A Systematic Introduction, New Delhi: Wiley Eastern Ltd. (for module 1.1. &1.2)

### **• Books for Reference**

1. K. Ciccarelli Sandra, White J. Noland, Misra Girishwar (2017). Psychology; Pearson Education; 5th Edition; ISBN-10: 9789352861798
2. Clifford Morgan, Richard King, John Weisz, John Schopler (2017). Introduction to Psychology; McGraw Hill Education; 7th Edition; ISBN-10: 0071347097
3. Nolen-Hoeksema, Fredrickson, Loftus, Lutz (2015). Atkinson & Hilgard's Introduction to Psychology. Cenage Learning; 16th Edition; ISBN-10: 8131528995

**Sub. Psychology**  
**Class: - B.A.I Sem. II**  
**Paper No-02**  
**Subject Code - PSY24-02**  
**Title:-Principles of Psychology**

**Objectives:**

1. To make the students aware with learning, classical conditioning and operant conditioning.
2. To makes the students familiar with foundations of memory.
3. To understand personality, various approaches, and assessment techniques of personality.
4. To make students aware with intelligence, theories of intelligence, Emotional intelligence, mental retardation and intellectually gifted.

**Module- I: Motivation**

**1.1. Definition and Nature of Motivation**

**1.2. Exploring Motivation/ Theories of Motivation**

- a) Instinct Approaches
- b) Drive-Reduction Approaches
- c) Arousal Approaches
- d) Incentive Approaches
- e) Cognitive Approaches

**1.3. Maslow's Hierarchy: Ordering Motivational Needs**

**1.4. Human Needs and Motivation**

- a) The Motivation behind Hunger and Eating
- b) The Need for Achievement
- c) The Need for Affiliation
- d) The Need for Power

**Module- II. Emotions**

**2.1. Definition of Emotion**

**2.2. Understanding Emotional Experiences**

- a) The Functions of Emotions

- b) Determining the range of Emotions

### **2.3. The Roots of Emotions**

- a) The James – Lange Theory
- b) The Cannon - Bard Theory
- c) The Schachter - Singer Theory
- d) Contemporary Perspectives on the Neuroscience of Emotions
- e) Making sense of the Multiple Perspectives on Emotion

## **Module III. Personality**

### **3.1. Psychodynamic Approaches to Personality**

- a) Freud's Psychoanalytic Theory
- b) The Neo-Freudian Psychoanalysts
  - i) Jung's Collective Unconscious
  - ii) Adler Neo-Freudians Perspective

### **3.2. Trait Approaches to Personality**

- a) Allport's Trait Theory:
- b) Cattell and Eysenck
- c) The Big Five Personality Traits

### **3.3. Learning Approaches**

- a) Social Cognitive Approaches to Personality

### **3.4. Assessing Personality**

- a) Self-Report Measures of Personality
- b) Projective Methods
- c) Behavioral assessment

## **Module IV: Intelligence**

### **4.1. What is Intelligence?**

### **4.2. Theories of Intelligence**

- a) Fluid and Crystallized intelligence
- b) Gardner's Multiple intelligence



c) Practical and Emotional Intelligence

#### **4.3. Assessing Intelligence**

a) Binet and Development of IQ test.

b) Contemporary IQ test

#### **4.4. Variations in Intellectual Ability**

a) Intellectual disabilities

b) The intellectually gifted

- **Text Books for Reading**

1. Feldman, R.S. (2019). Understanding Psychology. McGraw Hill Education (India) Private Limited, Chennai; 12th Edition (Fourth reprint 2019); ISBN-13:978-93-794-5, ISBN-10:93-5260-794-5

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**CCE (Internal Evaluation) for 20 marks**

**Evaluation Pattern 80:20 for BAI Sem. I & Sem. II**